

## REEMS CREEK NURSERY

# Hummingbirds

## A Garden Guide

Hummingbirds add zesty life to any garden! While they are attracted to many different kinds of plants, they generally prefer those with orange or red tubular flowers. Favorite plants are marked with an \*.

### PERENNIALS & SHRUBS:

*Aesculus parviflora* - Bottlebrush Buckeye

\**Aesculus pavia* - Red Buckeye Tree

*Agastache* sp.

*Ajuga* sp.

*Alcea rosea* - Hollyhock

\**Aquilegia canadensis* - Eastern

Columbine

*Asclepias incarnata* - Marsh Milkweed

*Asclepias syriaca* - Common Milkweed

*Asclepias tuberosa* - Butterfly Weed

*Aster* syn. *Symphotrichum* sp.

*Buddleia davidii* - Butterfly Bush

*Calamintha* sp.

*Campanula* sp. - Bellflower

*Canna* sp.

*Ceanothus americanus* - New Jersey Tea

*Chelone* sp. - Turtlehead

*Clematis* sp.

*Clethra* spp.

*Crocosmia* sp.

*Dianthus* sp. - Pinks

*Dicentra spectabilis* - Bleeding Heart

*Digitalis purpurea* - Foxglove

*Echinacea* sp. - Coneflower



*Gelsemium sempervirens* - Carolina

Jessamine

*Geranium maculatum* - Wild Geranium

*Halesia* sp. - Silverbell Tree

*Hemerocallis* sp. - Daylily

*Heuchera* sp. - Coral Bells

*Hibiscus* sp.

*Iris cristata* - Crested Iris

*Iris* ser. *Hexagonae* - Louisiana Iris

*Itea virginica* - Virginia Sweetspire

*Kalmia latifolia* - Mountain Laurel

*Kniphofia uvaria* - Red Hot Poker

*Liatris* sp. - Blazing Star

*Lilium* sp. - Lily

\**Lobelia cardinalis* - Cardinal Flower

\**Lonicera sempervirens* - Native

Honeysuckle Vine

*Lupinus* sp. - Lupine

*Lychnis* sp. - Maltese Cross

*Mertensia virginica* - Virginia Bluebells

\**Monarda didyma* - Scarlet Bee Balm

*Monarda fistulosa* - Wild Bergamot

*Oenothera* sp. - Evening Primrose

*Penstemon* sp.

*Phlox* sp.

*Physostegia virginiana* - Obedient Plant

*Polygonatum biflorum* - Solomon's Seal



*Pulmonaria* sp. - Lungwort  
*Rhododendron* spp. - Rhododendron  
*Rosa* sp. - Rose  
*Salvia* sp. - Sages  
*Saponaria officinalis* - Soapwort  
*Silene virginica* - Fire Pinks  
 \**Spigelia marilandica* - Indian Pinks  
*Verbena bonariensis*  
*Vinca* sp. - Periwinkle

### **ANNUALS:**

*Antirrhinum majus* - Snapdragons  
*Begonia semperflorens* - Wax Begonia  
*Cleome* sp.  
*Eschscholzia californica* - California Poppy  
*Fuchsia* sp. - Fuschia  
*Impatiens* sp.  
*Ipomoea quamoclit* - Cypress Vine  
*Lantana* sp.  
*Myosotis* sp. - Forget Me Nots  
*Nasturtium* sp.  
*Nicotiana* sp. - Flowering Tobacco  
*Pelargonium* sp. - Geranium  
*Pentas* sp.

*Petunia* × *atkinsiana* - Petunias  
*Ranunculus* sp. - Buttercups  
*Salvia elegans* - Pineapple Sage  
 \**Salvia greggii* - Autumn Sage  
*Tagetes* sp. - Marigold  
*Tithonia* sp. - Mexican Sunflower  
*Verbena* spp.  
*Zinnia* sp.

*Ruby Throats, Black-Chinned, and Rufous Hummingbirds are seen east of the Mississippi River, plus a few scattered sightings of others.*

### **Tips on Creating Hummingbird-friendly Spaces:**

- Grow a diversity of plants with varied bloom times.
- Fresh water from a mister or misting sprinklers can be helpful for bathing.
- Hummingbirds feed their young spiders and insects. They also use spiderwebs for nesting material. Due to this, decrease or stop using pesticides entirely.
- Convince your neighbors to also plant hummingbird friendly plants. Creating wildlife corridors is more useful than small scattered plots.

Version 2.0 Dec 2020

**Sources:** Audubon Society, Melissa Mayntz, North Carolina State University, Reems Creek Nursery staff experts



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