



Audubon

Bird Friendly

Native Plants

(just a few!)

(Selections and cultivars of these species are fine.)

Resources

- Blue Ridge Audubon Chapter - Bird-Friendly Gardening page
<https://www.emasnc.org/bird-friendly-gardening>
- National Audubon Plants for Birds
<http://www.audubon.org/plantsforbirds>
- NC Audubon
<http://nc.audubon.org/conservation/bird-friendly-communities/bird-friendly-native-plants>

Berries

Spicebush (*Lindera benzoin*)
 Dogwood (*Cornus florida*)
 Beautyberry (*Callicarpa americana*)
 Elderberry (*Sambucus canadensis*)
 Viburnum *nudum* (*Viburnum dentatum*)
 Winterberry (*Ilex verticillata*)
 Eastern Red Cedar (*Juniperus virginiana*)
 Blueberry (*Vaccinium*)
 Serviceberry (*Amelanchier canadensis*)

Trees for Caterpillars

Oak
 Willow
 Cherry
 Birch
 Crabapple
 Maple
 Pine
 Hickory
 Hawthorn

Ground Cover

Green and Gold (*Chrysogonum virginianum*)
 Trailing Phlox (*Phlox nivalis*)

Nectar

Coral Honeysuckle (*Lonicera sempervirens*)
 Columbine (*Aquilegia canadensis*)
 Bee Balm (*Monarda*)
 Beardtongue (*Penstemon*)
 Phlox
 Wood Aster (*Eurybia divaricata*)
 Trumpet Vine (*Campsis*)
 Crossvine (*Bignonia capreolata*)
 Virginia Sweetspire (*Itea virginica*)
 Cardinal Flower (*Lobelia*)
 The Weeds! (Iron, Butterfly, Joe Pye)

Nuts and Seeds

Black-eyed Susan (*Rudbeckia*)
 Coreopsis
 Aster
 Goldenrod (*Solidago*)
 Coneflower (*Echinacea*)
 Butterfly Weed (*Asclepias tuberosa*)
 Iron Weed (*Veronia lettermanni*)
 Joe Pye Weed (*Eutrochium maculatum*)
 Grasses – Little Bluestem, Switchgrass,
 Pink Muhly grass